



Hi Fitness Friends!

We are SO excited for this retreat to happen. We are sure that it is going to be a fantastic experience with fitness, friends, and community. Do you have questions about the event? There are two people that can answer your questions, Becky Hopp and Fitness Instructor SunshineKelly. Here is their contact information:

Becky Hopp: 586.752.6543 or hoppb@rwbpr.org

SunshineKelly: 586.876.2683 or SunshineKelly7953@gmail.com

Calling or emailing are the best ways to contact these ladies; neither are superb text message savvy people. :-)

If you are willing, perhaps you can consider inviting a friend that is not familiar with our program.

Thank you in advance for registering and see you soon!

Warmly,

RWB staff :-)