

1st Annual RWB Fitness Retreat

1 Day ONLY: Try up to 16 classes

Details

- ✦ When: Saturday, December 5, 2015
- ✦ Where: Washington Municipal Building Basement
- ✦ Time: Check in from 8:15am - 8:45am; Classes begin sharply at 9:00am and end at 3:00pm
- ✦ Food: A lunch will be provided (Vegetarian Option available)
- ✦ Cost: Pre Registration is \$45.00
**This is a discounted price, take advantage!!!* Day-of registration is available for full price.*
- ✦ Registration: Course # 6500
 - 1) Call 586.752.6543
 - 2) See SunshineKelly in class
 - 3) See Becky Hopp to pay in person

Why You Should Participate:

- ❖ You already like to work out. Let's do it together! :-)
- ❖ Sample classes without making a commitment
- ❖ Get a kick start to your January 2016 fitness goals
- ❖ Retreat Day Only = \$7 discount on Jan. class registration



More Info available at www.SunshineKelly7953.com